



I think most people could agree there's something about June that seems exciting, like a breath of fresh air. A start of a new season brings forth countless wildflower blossoms that withstand the storms constantly sharing their beauty with the world, which is the epitome of resilience. Let's approach this new season at ODB with the same attitude of peaceful resilience because the following events are much better together - enjoyed and celebrated as a village.



## Filled Classes for June

Our intention from the beginning has been to expand the "& Resources" piece of our organization in a way that would help equip impoverished individuals and families to step out of the cycle of poverty. We have several classes with multiple community partners in June as follows:

### Instant Pot Class with OSU Extension's Dea Rash:

- Rescheduled for June 13th at 5:30 p.m.

- All spots are filled!
- Participants will learn how to use their new appliance and how to make several staple meals with the pot.

### **Knife Skills Class with Leslie Elmore:**

- June 15th at 10:00 a.m.
- All spots are filled!
- Participants will learn knife skills that will inspire confidence in the kitchen. Preparing meals just got a little more fun!

### **Diabetes Self-management Class with Rose Yurczyk, RD:**

- Meets each Monday of June beginning June 3rd.
- All spots are filled!
- Participants who are already diagnosed with Diabetes will learn to manage their symptoms and find roads to a healthier lifestyle together!

## **Basic Budgeting Class - Spots Open!**

Earlier this year, we partnered with University & Community Federal Credit Union and hosted a financial literacy class. In June, they're coming back for another class to teach participants the value of a sound budget. **The class is on June 25th at 5:30 p.m. Dinner will be provided for the 15 participants!** Contact Mallie Reuter if you'd like to sign-up or find out more!

Email: [resources@ourdailybreadstillwater.org](mailto:resources@ourdailybreadstillwater.org)

Phone: (405) 533- 2555 ext. 102

## **T-Shirt Sale**

Our 2019 shirts are ready to be worn and loved by you all! The inspiration behind the design is close to home for ODB. The majority of the produce we get would not win any beauty contests, but it all has personality. The produce we have is still *good*. Good in this case meaning wholesome, filling, delicious, and available.

The wonky produce may look funny, but it is a way for us to give so much fresh fruits and vegetables to our guests. Naturally, we chose carrots to represent all of our veggies. If you know, you know!

You can buy a t-shirt for \$10 and can pick it up at ODB (next time you volunteer or whenever)! All shirts will be short sleeved and come in a heathered autumn color.



## Third Annual Fundraiser...

Drum roll, please! Our third annual fundraiser will not disappoint! Save the date for our fall fundraiser: Unveiling Hunger on September 26th at the McKnight Center! If you are interested in the different sponsorship levels, email Becky at [becky@ourdailybreadstillwater.org](mailto:becky@ourdailybreadstillwater.org).

Tickets will go on sale shortly, so be on the lookout!

## Volunteers of the Month

This portion of the newsletter is an absolute favorite to write. Our volunteers mean so much to us; they all work incredibly hard, but they've become quick friends with the staff as well. Volunteers a part of why we love what we do at ODB. Each one has their own story that they invite us to be a part of without hesitation, sharing encouragement and resilience with their own twist. For that, we are especially grateful.

These two ladies deserve medals, flowers, applause, and maybe even crowns. If you know anyone in Stillwater that could make crowns, please be in touch.

Debbie and Diana, thank you for showing up, putting your heart in your work, laughing and causing laughter, being so willing to fill a spot on a whim, and being the salt of the earth. We're better people for knowing you both, and we're so proud that you choose to spend your time with us at ODB. We hope you love it as much as we love having you!



## Community Served

ODB keeps growing, which is awesome for the organization, but it means that there are still families and individuals without. To our village, you make this possible.

In May, we served 1,044 houses and 2,726 individuals.